

Worksheet for “Building Community Resilience to Address Addiction”

Workshop delivered by Liz Blackwell-Moore, Birch Lane Strategies

Small Group Discussion #1

- ❖ What are the positive community conditions that exist now in your community that support youth and adult thriving?

Small Group Discussion #2

- ❖ Which community conditions are missing in the communities in which you live and work?
- ❖ Identify a few key community conditions that most impact addiction and the individuals and communities you serve?
- ❖ Why are those community conditions missing?
- ❖ Who’s missing from the table to help address the missing community conditions?



Small Group Discussion #3

- ❖ What strategies could you implement to address the missing community conditions?
- ❖ How can you work collaboratively across the continuum of care to improve community conditions in order to more effectively prevent and address addiction?
- ❖ What groups that currently exist could you utilize to support those efforts?

People:

- rebuild social relationships, particularly intergenerational
- revitalize social networks and social support
- establish collaborations that promote community level strategies
- strengthen and promote social norms that encourage health behaviors, community connections
- change the narrative about a community and the people in it
- provide a voice and sense of collective power for community members to advocate for their health and wellbeing

Place:

- improve the quality of the built environment and public spaces (like homes, buildings, open spaces, infrastructure) and create practices to maintain them for the community
- Create safer, appealing, and culturally inviting public spaces for the community
- invest in quality, affordable housing and transportation
- Engage community members in planning community improvements
- Promote opportunities for the arts and cultural expression

Equitable Opportunity

- utilize restorative justice programs
- Use healing circles to support people to stay on paths to pursue educational and economic opportunities
- Promote economic and workforce development specifically for young people and people in recovery
- Link community members to job opportunities with a living wage
- Increase community wealth and resources to reduce displacement of community members and gentrification