

STRAFFORD COUNTY
PUBLIC HEALTH
NETWORK + ♥ ♻️

2026 Strafford County ADDICTION SUMMIT

FRIDAY MARCH 13, 2026

Bud Carlson Academy, Rochester, NH

Sponsored by:



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PROGRAM AGENDA

Friday March 13, 2026 | 8AM - 4PM | Bud Carlson Academy, Rochester, NH

8 AM

REGISTRATION & BREAKFAST

8:45 - 9 AM

OPENING REMARKS

Vicki Harris, Dover Coalition for Youth

9 - 10 AM

KEYNOTE ADDRESS

Tym Rourke, Third Horizon

10:15 - 11:30 AM

WORKSHOP SESSION #1

11:30 AM - 12:30 PM

LUNCH

12:30 - 1:45 PM

WORKSHOP SESSION #2

2 - 3:15 PM

WORKSHOP SESSION #3

3:15 - 4 PM

OPEN NETWORKING

STRAFFORD COUNTY PUBLIC HEALTH NETWORK

GREATER SEACOAST COMMUNITY HEALTH



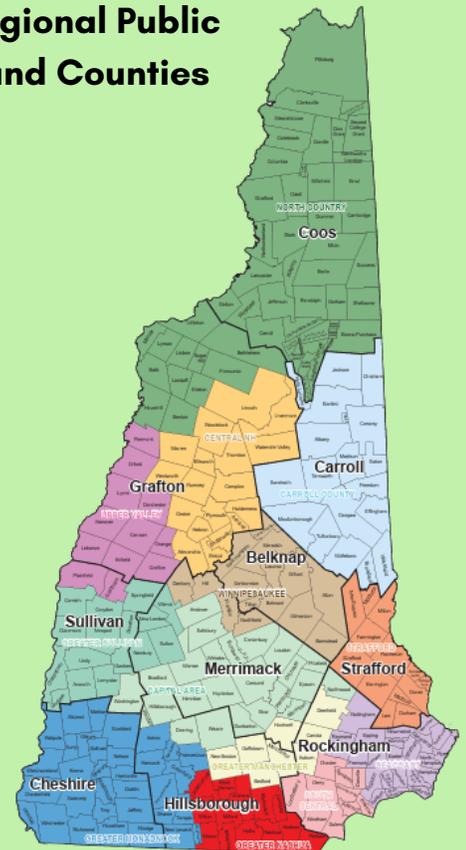
New Hampshire Regional Public Health Networks and Counties

1 OF 13 Regional Public Health Networks
Funded by the NH Department of
Health and Human Services (DHHS)

A PROGRAM OF **Greater Seacoast
Community Health**

MISSION to improve the health, wellness, and quality
of life for all individuals in Strafford County

VISION Vibrant, healthy, and productive communities which value
health and wellness with thriving and prosperous citizens



ABOUT SCPHN

Strafford County Public Health Network (SCPHN) is one of New Hampshire's 13 Regional Public Health Networks (RPHNs) established in July of 2013. RPHNs were created to integrate multiple public health initiatives and services into a common network of community stakeholders, and coordinate the development and implementation of a range of community and public health improvement activities. Greater Seacoast Community Health is the host agency for SCPHN, which includes the following municipalities: Barrington, Dover, Durham, Farmington, Lee, Madbury, Middleton, Milton, New Durham, Rochester, Rollinsford, Somersworth, and Strafford.

Our Community Health Improvement Plan (CHIP)

Every three years, SCPHN and our Public Health Advisory Council develop a Community Health Improvement Plan (CHIP) - an action-oriented strategic plan and framework to be used to leverage resources and to engage and mobilize community stakeholder organizations to address barriers and opportunities to improve community health.

The CHIP is our County-wide plan to help improve the health of our communities. We do this by pulling together organizations and community members to help improve programs and services that help keep people well.

2023 - 2026 CHIP Priorities

1. Mental Health Prevention, Treatment, Recovery & Harm Reduction
2. Substance Misuse Prevention, Treatment, Recovery & Harm Reduction
3. Healthy Living, including food security and chronic disease prevention
4. Emergency Preparedness, including COVID-19 Response and Recovery
5. Healthcare Awareness & Access, including prenatal, oral and sexual health
6. Injury prevention, including suicide prevention, childhood lead poisoning and domestic/dating violence

Addiction Task Force & Prevention Leadership Group

Our SCPHN Team facilitates two work groups that are focused on issues related to mental health and substance use. The Addiction Task Force focuses across the continuum of care on prevention, treatment, recovery and overdose prevention, while the Prevention Leadership Group focuses on prevention related efforts.

Both groups meet monthly with partners across Strafford County to develop and implement strategies related to substance use and mental health. Both groups are heavily involved in designing and hosting the annual Addiction Summit, and we are grateful for the partners in both groups and across our Network for their collaboration!



INTERESTED IN JOINING OUR ADDICTION TASK FORCE OR PREVENTION LEADERSHIP GROUP? LEARN MORE ON OUR WEBSITE AT [SCPHN.ORG](https://scphn.org) AND EMAIL US AT [SCPHN@GOODWINCH.ORG](mailto:scphn@goodwinch.org) TO SIGN UP!

KEYNOTE ADDRESS



THIRD HORIZON

FOSTERING RESILIENCY & RECOVERY IN UNCERTAIN TIMES

*Tym Rourke, MA Managing Director, Advisory Services
Third Horizon Strategies*

Organizations working to provide substance use prevention, harm reduction, treatment and recovery face unprecedented headwinds in fostering resilient communities in this moment. Pivots in federal policy, funding shifts, and significant changes to Medicaid and other safety net programs and policies have challenged organizations and individuals who wish to seek care.

In his talk, Tym will address the current trends in behavioral health, social justice and broader health policy to clarify both the implications on service providers, and community members who wish to safely and equitably receive care. The session will offer actionable insights around how those committed to a comprehensive and just system of care can consider the future of care delivery, demand and sustainability to support a way forward in delivering the promise of stigma free, evidence informed system of care, available for all.

WORKSHOP SESSION #1

WORKSHOP TITLE

Room #

Presenter(s) Name, Title & Organization

DRUG ENDANGERED CHILDREN: NEW FINDINGS TO ENHANCE COMMUNITY RESPONSE

Main Room

Deirdre Colburn, Research Scientist, Crimes against Children Research Center, University of New Hampshire and Kimberly Mitchell, Research Professor, Crimes against Children Research Center, University of New Hampshire, Katie Soule, Director of Social and Emotional Wellbeing, Granite YMCA

MOTIVATING AND EMPOWERING RECOVERY THROUGH INTEGRATED TREATMENT (MERIT)

**1st Floor
Board Room**

Jessica Sherkanowski, CRSW, MERIT Program Case Manager and Recovery Housing Operator, Harbor Care, Elizabeth Cox, LCMHC, Director of Behavioral Health Services, Harbor Care

RE-ENTRY INTO RECOVERY READY COMMUNITIES

Classroom 212

Mark Lefebvre, Author of Healing a Village: A Practical Guide to Building Recovery Ready Communities

HARM REDUCTION FOR FAMILY AND FRIENDS OF PEOPLE WITH SUD

Classroom 225

Craig S Jackson, Author, "Beyond the Lies: Addiction is much more than drinking alcohol or using drugs"

WORKSHOP SESSION #2

BRIDGES TO CARE: HOW SSPTS CAN LEAD THE CHARGE IN COLLABORATIVE CARE MODELS

Main Room

*John Burns, Executive Director, SOS Recovery Community Organization
Maggie Weaver, Deputy Executive Director, SOS Recovery Community Organization*

CLEARING THE AIR: HOW ADULTS CAN SUPPORT YOUTH AROUND VAPING

**1st Floor
Board Room**

Deryn Ayres, MPH, ACPS, CHW, Senior Population Health Coordinator with Dartmouth Hitchcock Medical Center, Maggie Coleman, MPH, Senior Population Health Coordinator with Dartmouth Hitchcock Medical Center and Jane Bradley Population Health Coordinator with Dartmouth Hitchcock Medical Center

INVISIBLE NO MORE: SUBSTANCE USE DISORDERS AMONG WOMEN VETERANS – TRAUMA-INFORMED, VETERAN-CENTERED, AND COMMUNITY-DRIVEN SOLUTIONS

Classroom 212

Sheena Bice, DMSc, LCMHC, MLADC, CCTP, Head of Veteran and First Responder Services, Forge VFR, Owner, Shield and Compass Counseling and Consulting, PLLC

PRINCIPLES FOR RESPONSIBLE CANNABIS POLICY

Classroom 225

*Peter Ntourntourekas, Training Manager, New Futures
Kate Frey, VP of Advocacy, New Futures*

WORKSHOP SESSION #3

A PANEL DISCUSSION – WHEN IT HAPPENS: RESPONDING TO RECURRENCE IN RECOVERY-ORIENTED SPACES

Main Room

Josh Colwell (Moderator) Brighter Day Recovery, Laura Wargo, MSW, Director, New Hampshire Partnership for Recovery Residences, John Iudice, LICSW, MLADC, CEO, Addiction Recovery Services, Geoff Booker, Director of Sales at Chameleon Group LLC

CLEARING THE AIR: HOW ADULTS CAN SUPPORT YOUTH AROUND VAPING

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AWARENESS. INTERACTION. DIRECTION (A.I.D.) FOR MENTAL HEALTH

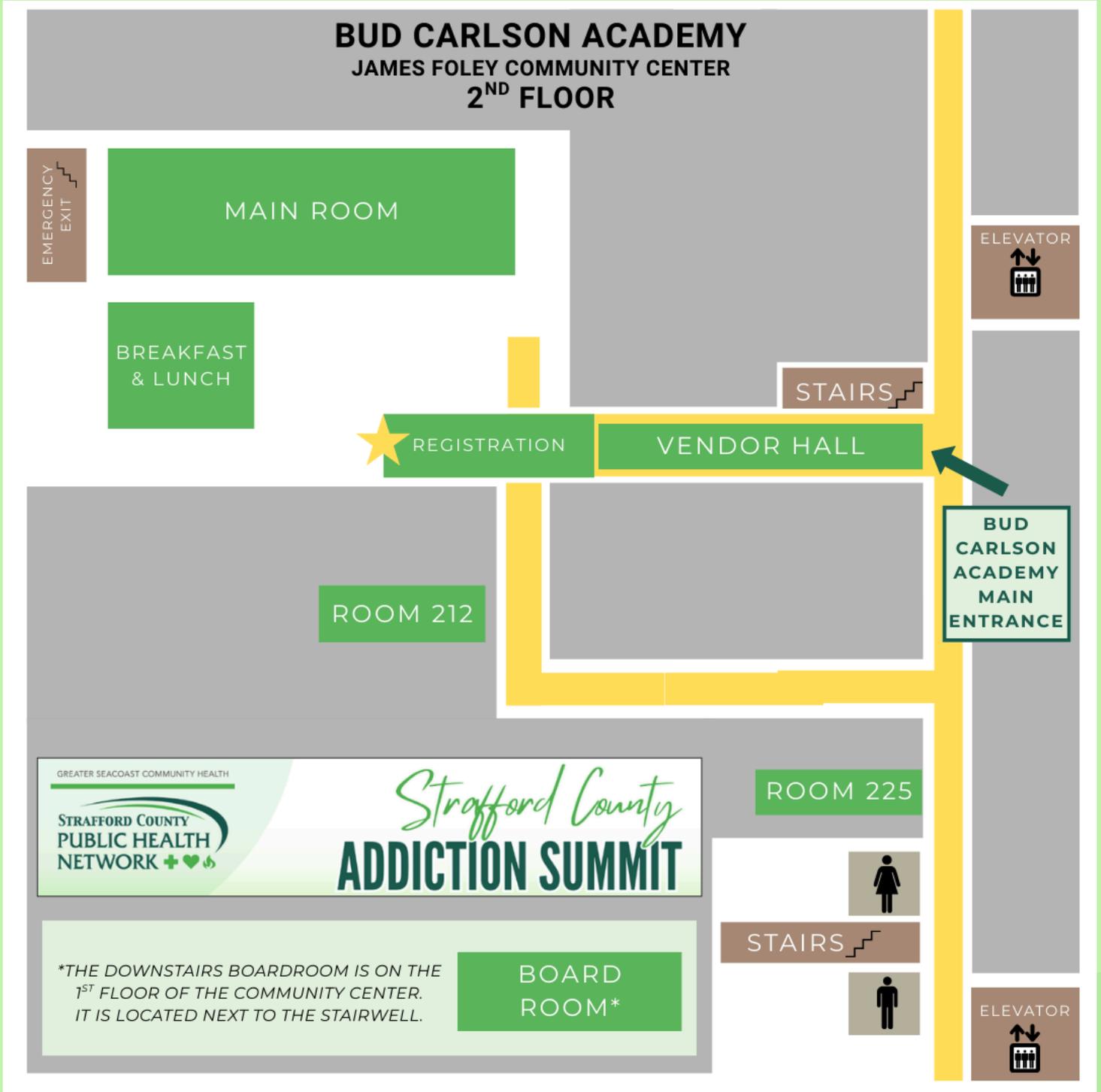
Classroom 225

Kendra Lewis, Ph.D., CFLE, State Specialist for Health & Wellbeing, UNH Extension and Suzanne Weete, Community Engagement & Education Manager, Community Partners, Co-Founder, Dover Mental Health Alliance



**PLEASE COMPLETE OUR EVENT
EVALUATION TO RECEIVE YOUR
CERTIFICATE OF ATTENDANCE**

FACILITIES MAP



STRAFFORD COUNTY
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VISIT OUR EVENT PAGE FOR FULL
WORKSHOP DESCRIPTIONS & MORE!
[SCPHN.ORG/ADDICTIONSUMMIT](https://scphn.org/addictionsummit)

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PUBLIC HEALTH
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Mass General Brigham
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