

County Health Rankings in Strafford 2014-2017

	2014	2015	2016	2017	2018
Health Outcomes (rank out of 10)	8	8	8	8	8
Length of Life	5	7	7	7	7
Premature death	5652	5,596	5,600	6,000	6,000
Quality of Life	8	8	8	8	8
Poor or fair health	14%	14%	13%	13%	13%
Poor physical health days	3.8	3.8	3.3	3.4	3.4
Poor mental health days	3.7	3.7	3.6	3.9	3.9
Low birthweight	6.8%	6.6%	7%	7%	7%
Health Factors	9	8	8	8	8
Health Behaviors	9	9	9	7	7
Adult smoking	19%	19%	17%	16%	16%
Adult obesity	30%	31%	30%	29%	29%
Food environment index	8.5	8.2	8.1	8.1	8.1
Physical inactivity	23%	23%	23%	21%	21%
Access to exercise opportunities	77%	92%	88%	88%	88%
Excessive drinking	17%	17%	22%	21%	21%
Alcohol-impaired driving deaths	30%	39%	38%	35%	35%
Sexually transmitted infections	315	287	275.5	290%	289.7
Teen births	16	14	14	13	13
Clinical Care	10	8	7	6	6
Uninsured	14%	14%	13%	12%	12%
Primary care physicians	1,346:1	1,364:1	1,400:1	1,340:1	1,340:1
Dentists	1,571:1	1,483:1	1,440:1	1,490:1	1,490:1
Mental health providers	675:1	532:1	480.1	480.1	480:1
Preventable hospital stays	65	58	56	47	47
Diabetic monitoring	90%	92%	92%	91%	91%
Mammography screening	65.9%	63.5%	68%	68%	68%
Social & Economic Factors	7	7	4	6	6
High school graduation	81.0%	81.0%	86%	87%	87%
Some college	67.6%	69.7%	71%	71%	71%
Unemployment	5.5%	5.1%	4%	3.10%	3.10%
Children in poverty	17%	12%	14%	14%	14%
Income inequality	no data	4.3	4.4	4.6	4.6
Children in single-parent households	28%	29%	29%	31%	31%
Social associations	no data	8.2	8.4	8.6	8.6
Violent crime	193	210	210	233	233
Injury deaths	49	53	55	69	69
Physical Environment	5	2	3	9	9
Air pollution - particulate matter	10.4	10.4	10.4	8.5	8.5
Severe housing problems	17%	18%	18%	18%	18%
Driving alone to work	77%	77%	78%	78%	78%
Long commute - driving alone	35%	36%	37%	37%	37%

Additional Health Behaviors					
Food Insecurity				11%	11%
Limited access to healthy foods				5%	5%
Drug overdose deaths				29	29
Motor vehicle crash deaths				8	8
Insufficient sleep				31%	31%
Additional Health Outcomes					
Premature age- adjusted mortality				320	320
Child mortality				30	30
Infant mortality				6	6
Frequent physical distress				10%	10%
Frequent mental distress				11%	11%
Diabetes prevalence				11%	11%
HIV prevalence				86	86

NH 2018
5,500
11%
3.3
3.7
7%
16%
28%
8.4
20%
84%
18%
31%
271.1
15
11%
1,060:1
1,410:1
390:1
45
90%
71%
88%
69%
3.4%
11%
4.3
28%
10.5
200
68
7.8
16%
81%
38%

11%
4%
24
8
32%
290
40
5
10%
12%
9%
104