

2026 Strafford County Addiction Summit Call for Papers

The Strafford County Public Health Network (SCPHN) and Strafford County Addiction Task Force are hosting our annual **Strafford County Addiction Summit** on **Friday March 13th**, **2026** at **Bud Carlson Academy** in Rochester, NH. **Strafford County Public Health Network** is a program of Greater Seacoast Community Health – a 501(c)(3) tax exempt, non-profit organization.

Our Summit brings attendees from across NH working in sectors including substance use and mental health fields, social service agencies, education, first-responders, and others.

We are seeking presenters with experience working in the fields of mental health and substance use prevention, treatment, recovery, harm reduction, and related topic areas. Presentations should be focused on programs that are evidence-based, emerging practices or innovative programs that have demonstrated a positive impact when implemented. We are particularly interested in presentations that provide transferable knowledge, skills and tools to build capacity for change across communities.

Please contact SCPHN@GoodwinCH.org with any questions.

Breakout Session Format:

All workshops will be <u>75 minutes in length</u> and may be offered during one or more of our breakout sessions. Frequency will be determined by space, number of presentations offered, and availability of presenters. If you are only available for a certain timeframe on the date of the Summit, please indicate that in your submission.

Workshop sessions should strive to provide learners with the opportunity to understand and conceptualize the information provided through a mix of presentation and hands-on learning. Workshops should include opportunity for skills to be practiced or demonstrated, or for tools and information to be discussed in formats such as small-groups, case-studies, worksheets, or other activities.

Presentation Topics:

SCPHN and the Addiction Task Force collaborated to identify areas of interest which are reflected in the list below, however submissions covering any topic across the continuum of care for substance use, mental health, or related areas will be considered:

Prevention

- Expanding the use of models focused on building resiliency through concepts such as Positive Childhood Experiences (PCES), Trauma-Informed Care (TIC), Social-Emotional Learning (SEL) and Positive Youth Development (PYD)
- Youth engagement and youth empowerment programs
- Building capacity for prevention across sectors in the community, including communication and engagement strategies
- Addressing mental health challenges and suicidal ideation across populations and communities
- Drawing the connection between risk and protective factors (such as dating and domestic violence, positive relationships, the impact of media and social media, and others) and their impact on mental health and substance use challenges
- Exploring the intersections between prevention, early intervention, recovery and harm reduction
- Using prevention practices to improve health outcomes among high risk or vulnerable populations
- Implementing strategies related to prevention specifically aimed at transitional-aged youth and young adults (ages 18-29)

Treatment

- Addressing co-occurring mental health and substance use disorders
- Improving coordination of care and connection to resources for individuals in the community, including those with complex needs
- Building trauma-informed systems of care and practices across treatment providers
- Creating systems change that removes barriers to accessing appropriate treatment services for mental health and substance use disorders
- Providing alternative treatment options for substance use and mental health disorders
- Incorporating recovery and harm reduction practices into clinical treatment settings

Recovery

- Expanding peer-based recovery supports at the community-level
- Supporting individuals as they re-enter into the community after completing treatment, post-incarceration or otherwise
- Building intentional infrastructure to support people in recovery throughout sectors of our community
- Expanding access to recovery services through mobile or satellite programs

Harm Reduction

 Growing community capacity for harm reduction across community sectors, including but not limited to first responders, schools, healthcare providers, businesses and others

- Supporting comprehensive and overdose prevention practices in a changing landscape
- Decreasing concurrent infection rates among people who use drugs
- Promoting harm reduction practices for alcohol, cannabis, and other non-opioid substances

Social Determinants of Health

- Addressing needs related to housing and for people experiencing homelessness (examples: respite housing, recovery housing, affordable housing, etc. or programming such as day-centers and shelters)
- Addressing social drivers of health (SDOH) to improve health outcomes for people with or at risk of developing substance use and mental health challenges
- Advocacy-related education for driving policy and legislative change
- Strategies related to workforce development and retention
- Providing support and resources for those impacted by a loved ones' substance use and/or mental health

Important Dates:

<u>Presentation Submission Deadline</u>: Friday November 28, 2025 <u>Presentation Decision Notification</u>: Friday December 5, 2025

All presenters will receive 1 free registration for the Summit, which includes meals, parking and refreshments. This free registration does not include a vendor table. If you wish to host a vendor table, please contact SCPHN@GoodwinCH.org for more information.

Presentation Submission:

In a Word or PDF document, please include the items listed below. It is important for us to collect all information and materials requested for our registration, program, and to apply for CE/CEUs. Missing information can delay and complicate our process.

- Presentation Title
- Names, email addresses, affiliations, and short bios for <u>all</u> presenters
- **Resumes of all presenters** (for use in CEU applications)
- **Learning Objectives** (at least one measurable objective)
- Target Audiences (educators, first responders, business community, anyone, etc.)
- Abstract of ~500 words to include:
 - 1. Introduction/short description of the presentation
 - 2. Background of the problem and potential intervention, program, or policy
 - 3. How the implementation of the practice, program or policy will impact communities

•	Is there a fee for your speaking services? Yes or No
	If yes, how much?

Review Criteria:

Proposals will be reviewed by a working group including SCPHN staff and members of the Strafford County Addiction Task Force, which includes professionals working across the continuum of substance use, mental health, and related fields. Workshops will be chosen based on relevance to current and emerging work happening in Strafford County and throughout the state of NH, and our desire to offer a robust program.