

GREATER SEACOAST COMMUNITY HEALTH



2023 SCPHN ANNUAL REPORT



[SCPHN.org](https://scphn.org)



SCPHN@goodwinCH.org



ABOUT

Strafford County Public Health Network (SCPHN) is one of New Hampshire's 13 Regional Public Health Networks (RPHNs) established in July of 2013. RPHNs were created to integrate multiple public health initiatives and services into a common network of community stakeholders, and coordinate the development and implementation of a range of community and public health improvement activities. Greater Seacoast Community Health is the host agency for SCPHN, which includes the following municipalities: Barrington, Dover, Durham, Lee, Madbury, Middleton, Milton, New Durham, Rochester, Rollinsford, Somersworth, and Strafford, as well as the University of New Hampshire.

SCPHN WORKGROUPS

Addiction Task Force (ATF)

The Strafford County ATF is a group of stakeholders from across Strafford County that work toward shared goals related to the prevention, treatment, recovery, and reduction of harm from substance use and mental health. ATF meets on the 3rd Tuesday of each month.

Prevention Leadership Group (PLG)

The Strafford County PLG is a coalition of partners working collectively on projects to prevent substance use and mental health challenges across Strafford County. PLG meets on the 1st Tuesday of each month.

Healthy Living Coalition (HLC)

The Strafford County HLC is a group of stakeholders working to improve food security and nutrition, and to decrease the impact of chronic disease such as obesity, heart disease and stroke. The Healthy Living Coalition meets on the 3rd Thursday of each month.

MISSION

SCPHN's mission is to improve the health, wellness, and quality of life for all individuals in Strafford County.

VISION

We envision a vibrant, healthy and productive community that values, promotes, nurtures and invests in the health and wellness of its citizens.



STAFF

Lara Drolet

SCPHN Director & GSCH Chief Strategy Officer

Ashley Wright

Public Health Network Manager

Cora Long

Substance Misuse Prevention Coordinator

Brittany Potvin

Community Health Worker

Barry Sandberg

Program Coordinator

*Scottlyn Schuler

COVID-19 response efforts

*Julie Irwin

Volunteer Coordinator

**Contracted Team Member*



PUBLIC HEALTH ADVISORY COUNCIL (PHAC)

The PHAC acts as a leadership Council for SCPHN staff and includes stakeholders that meet once per quarter and help to prioritize public health disparities in Strafford County. The PHAC is intended to build on and blend existing local leadership and coordinate groups working on various public health issues in support of the development and implementation of strategies in our Community Health Improvement Plan (CHIP).

CHIP PRIORITIES

1. Mental Health Prevention, Treatment, Recovery & Harm Reduction
2. Substance Misuse Prevention, Treatment, Recovery & Harm Reduction
3. Healthy Living, including food security and chronic disease prevention
4. Emergency Preparedness, including COVID-19 Response and Recovery
5. Healthcare Awareness & Access, including prenatal, oral and sexual health
6. Injury prevention, including suicide prevention, childhood lead poisoning and domestic/dating violence

PHAC PARTNERS

- Wentworth-Douglass Hospital
- Emergency Preparedness/First Responder Representative
- Community Partners
- Granite United Way
- Greater Seacoast Community Health
- IBM
- Turbocam International
- Dover Police Department
- Dover School District
- Hope on Haven Hill
- Rochester Child Care
- SOS Recovery Organization
- Strafford County Dept. of Corrections

ALL PARTNER MEETINGS

Our bi-annual All Partner Meetings are opportunities to bring together our Network of partners for shared learning on topics related to our CHIP priorities, and to foster connection, communication and collaboration.

JUNE 2022 ALL PARTNER MEETING

80 
ATTENDEES

Presentation on *Changing the Culture of Mental Health in the Workplace* by Valeria Tivnan of Employee Business Solutions and special recognition of volunteers and partners for COVID-19 response & vaccine efforts

NOV 2022 ALL PARTNER MEETING

40 
ATTENDEES

Presentation on *Changing Healthcare Landscape in NH* by Director of UNH Institute for Health Policy and Practice's Josephine Porter and Panel Discussion on youth engagement facilitated by SCPHN's SMP



ACCOMPLISHMENTS

YOUNG ADULT STRATEGIES

At the end of State Fiscal Year 2022, the NH Dept. of Health and Human Services (DHHS) restructured their funding to support substance use and suicide prevention in the young adult population (ages 18-25). SCPHN was awarded the \$500,000 contract to coordinate the statewide efforts of this grant over the next two years. SCPHN has subcontracted with three RPHN's who are located strategically throughout the state and have a history of successfully working with this population; Manchester 'Makin' it Happen', North Country Health Consortium, and Dartmouth Hitchcock, which oversees both the Upper Valley and Greater Sullivan regions.

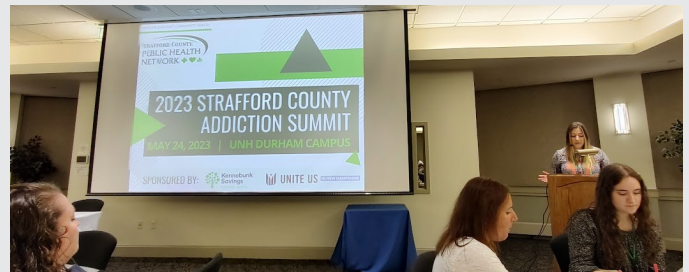
ADVOCACY

SCPHN was awarded \$5,000 from the NH Charitable Foundation in partnership with New Futures to support SCPHN's advocacy work by providing community educational opportunities and hosting a Legislative Breakfast. Our breakfast, held on Friday, April 28th at the Career Technical Center at Spaulding High School, highlighted how different barriers are affecting access to care and impacting residents of Strafford County. Topics discussed included Medicaid Expansion, workforce shortages, housing and cost of living, reimbursement rates, the importance of supporting the Alcohol Fund, and more. We also shared information about how these issues relate to and are impacted by current bills and policies in NH.



ADDICTION SUMMIT

Our 2023 Addiction Summit, hosted by our Addiction Task Force, welcomed 120 people on Wednesday, May 24th at UNH. We had ten workshops that crossed the continuum of care and related topics, a keynote address on *Cultural Change in Substance Use Disorder Treatment: An Organizational Approach* from Wentworth-Douglass Hospital, and a panel on *Overcoming Community Barriers to Recovery*, which included perspectives on topics related to social determinants of health. We received one Champion-level sponsorship from Kennebunk Savings Bank at \$1,500 and one Supporter-level sponsorship from Unite Us New Hampshire at \$500.



SYRINGE DISPOSAL

SCPHN was awarded \$5,100 through the Wentworth-Douglass Hospital (WDH) Community Benefits Program to support a Public Syringe Disposal Pilot Project in the City of Dover, which was approved unanimously by the Dover City Council. This project installed two public syringe disposal units in public areas in the City of Dover that have regular concerns regarding improperly disposed of syringes. This collaborative project includes partners from the NH Harm Reduction Coalition (NHHRC), UNH Harm Reduction, Education & Technical Assistance (HRETA) project, SOS Recovery Community Organization, the Doorway at WDH and the City of Dover.



ACCOMPLISHMENTS

SCHOOL BASED & ADULT FLU CLINICS

The 2022 flu clinic season included a mix of both in-school and drive-thru clinics at 29 participating schools in the region; 4 more than 2021. This year, we vaccinated 889 students, an additional 202 students, a 29% increase, from 2021. In addition to Greater Seacoast Community Health staff-volunteers, our use of NH Responds for the COVID vaccination efforts allowed us to outreach to our existing MRC volunteer base, as well as continuing our partnership with the UNH Nursing program to provide the staffing for these clinics.

COMMUNITY HEALTH WORKER (CHW)

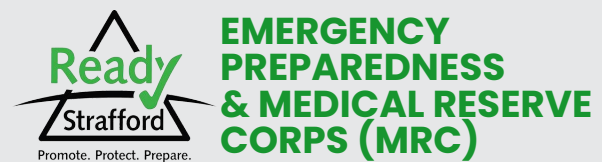
Our CHW ran several community-based COVID-19 and Flu vaccination clinics for vulnerable populations in our communities such as people experiencing homelessness and those accessing community resources like We Care Food Pantry in Milton.

Community Outreach is regularly done to build awareness of resources and supports across our CHIP priorities with partners such as local libraries, the Mobile Health Program, the Warming Center, and at events in our region and statewide, including Seacoast Eat Local Farmers Markets, Somersworth High School Wellness Night, UNH Age of Champions and more.



DATA COLLECTION

SCPHN received \$13,000 from United Way of the Greater Seacoast to support the implementation of the Youth Risk Behavior Survey (YRBS) at Strafford County Middle Schools. The 2023 MS YRBS was administered in Rochester, Somersworth, Oyster River, and Dover schools. Unfortunately, Farmington, a regular participant, did not participate in the 2023 iteration.



- Disseminated personal protective equipment (PPE) & test-kits to community & partner organizations
- Worked with GSCH's Mobile Health Program to provide low-barrier community-based vaccine clinics
- Worked collaboratively with Seacoast RPHN to ensure continuity of information and resource sharing
- 45 MRC volunteers were utilized to staff 21 vaccine clinics from Fall 2022 – Spring 2023
- Monthly trainings were offered to MRC volunteers in collaboration with Seacoast RPHN regarding topics like Diabetes/Heart Disease, Pregnancy and Emergency Preparedness, Self-Care/Meditation, Suicide Prevention, Fire Safety, Exposure and Risk Management, Shelter Fundamentals, Responder Resilience & more

NH RESPONDS

New Hampshire Emergency System for Advance Registration of Volunteer Health Professionals



ACCOMPLISHMENTS



OVERDOSE PREVENTION

Since July, 2022 SCPHN has distributed over 300 kits of Narcan, more than 600 Fentanyl test strips, and approximately 450 overdose prevention kits to organizations, businesses and individuals throughout Strafford County.

SUICIDE PREVENTION

This past year our SMP and DMHA collaborated with American Foundation for Suicide Prevention to organize their second annual Out of Darkness Walk in May 2022, and their second annual Survivor of Suicide Loss Support group in November 2022. SCPHN also provided many suicide prevention and mental health education opportunities throughout the region.



RESOURCE SHARING

Our Substance Use & Mental Health Resource Guides have been completed, printed, and hundreds distributed to partners engaged with our Coalitions and working groups, as well as schools and other partner organizations across the region. These guides provide information about resources and services across the continuum of care, including basic needs, as well as information about how to support this type of work in our communities. In addition to our Resource Guides, the Addiction Task Force developed Pocket Guides, which include key resources across the continuum, and link to our larger, more comprehensive Resource Guide, but are more easily kept available for use in times of need.



TAKEBACK DAY

DEA Take Back Day events provide an opportunity twice per year in April and October, to safely dispose of unused prescription medication, helping to prevent prescription drug misuse, addiction and overdose deaths.

SCPHN assists the DEA by providing local law enforcement with Takeback Day supplies. In addition to providing DEA supplies, we provide additional resources such as Detera bags, SAMHSA resources, local community resources and those developed by SCPHN.

We were able to attend the Strafford County Police Chief's Meeting in April 2023 to provide supplies and highlight prevention resources to local PDs.



TAKEBACK DAY TOTALS

Oct 2022

April 2023

27

36

Boxes

Boxes

617.6 lbs

859.8 lbs



THANK YOU TO OUR PARTNERS

GREATER SEACOAST COMMUNITY HEALTH

STRAFFORD COUNTY
PUBLIC HEALTH
NETWORK   



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